

THE POWER OF FASTING



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Romans 10:14...and how shall they hear without a preacher? ¹⁵ And how shall they preach, except they be sent? as it is written, How beautiful are the feet of them that preach the gospel of peace, and bring glad tidings of good things!

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“I want something from the Lord”

Mark 2:18, Mark 9:28

Humbleness and Preparation

Exodus 34:28 ²⁸ And he (Moses) was there with the LORD forty days and forty nights; he did neither eat bread, nor drink water. And he wrote upon the tables the words of the covenant, the Ten Commandments. ²⁹ And it came to pass, when Moses came down from mount Sinai with the two tables of testimony in Moses' hand, when he came down from the mount, that Moses wist not that the *skin of his face shone* while he talked with him...

1 Kings 19:8 ⁷ And the angel of the LORD came again the second time, and touched him, and said, Arise and eat; because the journey is too great for thee. ⁸ And he arose, and did eat and drink, and went in the strength of that meat forty days and forty nights unto Horeb the mount of God.

Psalms 35:13 - But as for me, when they were sick, my clothing was sackcloth: I humbled my soul with fasting; and my prayer returned into mine own bosom.

Psalms 69:10 - When I wept, and chastened my soul with fasting, that was to my reproach.

Psalms 109:24 - My knees are weak through fasting; and my flesh faileth of fatness.

1 Corinthians 7:5 - Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to **fasting** and prayer; and come together again, that Satan tempt you not for your incontinency.

Conduct

Luke 12:22 ²² And he said unto his disciples, Therefore I say unto you, Take no thought for your life, what ye shall eat; neither for the body, what ye shall put on. ²³ The life is more than meat, and the body is more than raiment. ²⁴ Consider the ravens: for they neither sow nor reap; which neither have storehouse nor barn; and God feedeth them: how much more are ye better than the fowls?

Matthew 6:16 ¹⁶ Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward...

Deliverance

Matthew 10:1 - And he called to him his twelve disciples and gave them authority over unclean spirits, to **cast** them out, and to heal every disease and every infirmity.

Mark 16:18 - ¹⁵ And he said unto them, Go ye into all the world, and preach the gospel to every creature. ¹⁶ He that believeth and is baptized shall be saved; but he that believeth not shall be damned. ¹⁷ And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; ¹⁸ They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.

Luke 2:37 - and as a widow till she was eighty-four. She did not depart from the temple, worshiping with **fasting** and prayer night and day.

Luke 4:1 He did eat nothing for forty days and nights

Luke 10:19 ¹⁸ And he said unto them, I beheld Satan as lightning fall from heaven. ¹⁹ Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you. ²⁰

Acts 13:2 - While they were worshiping the Lord and **fasting**, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them."